

OPEN

Is there something on TV, Netflix, or Amazon Prime that you watch faithfully, record, or have binge watched? Please tell the story.

EXODUS 20:1-10

And God spoke all these words, saying,

²“I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery.

³“You shall have no other gods before me.

⁴“You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. ⁵You shall not bow down to them or serve them, for I the LORD your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, ⁶but showing steadfast love to thousands of those who love me and keep my commandments.

⁷“You shall not take the name of the LORD your God in vain, for the LORD will not hold him guiltless who takes his name in vain.

⁸“Remember the Sabbath day, to keep it holy. ⁹Six days you shall labor, and do all your work, ¹⁰but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your

son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates.

What is required of you if you are going to catch up on your favorite shows or are wanting to attend a Bible study or worship service?

DISCOVER

The Ten Commandments

What do you think Jesus means when He speaks in **Mark 2:27**?

Does God need what we have to offer on Sundays or do we need what He has to give us?

DEEPEN – Large Catechism

Today, “...we may withdraw in order to rest for a day and be refreshed...on this day of rest, we have the freedom to attend worship. We come together to hear and use God’s Word, and then to praise God, to sing and pray (Colossians 3:16).”

What’s behind someone who is exhausted and fails to see the importance of “rest”? Explain.

When everyone in a home is “tired” and has been for a great while, what happens to the relational dynamics? Explain.

What have you noticed change in your life when you have been out of the routine of Sunday morning worship, for some time? Explain.

DELIVER

An Extended look at the 3rd Commandment.

Please read **Luke 10:38-42**, when you read this, what is Jesus teaching us by way of this scenario?

Please read **Mark 2:18-20**, where does Jesus locate Himself, for your good, these days since His ascension?

PRAY

What do you need to start saying “no” to in order to get the rest God intends you to have?

What are your Bible study and worship attendance goals for 2018?

Pray for the group in general and the Spirit’s leading them to rest and being fed God’s Word more regularly.

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